

Overview of Équi-Libre's Day Camp

Équi-Libre Therapeutic Riding Centre offers equine assisted therapy, recreation, sport, and learning programs to individuals in our community with the purpose of contributing positively to their cognitive, physical, emotional, and social well-being. Located in St-Lazare, our goal is to help children maximize their growth and reach their potential in all spheres of development through connection with horses and nature.

Our day camp gives children with varying abilities the opportunity to participate in daily / weekly riding lessons, arts and crafts, games and activities that are adapted so that everyone is included. We focus on horsemanship skills where campers will learn how to not only care for their horse, but also the stable it lives in. Upon request, your child can benefit from one-on-one support opportunities for campers requiring additional assistance within the camp setting. Our camp hours are 9am to 4pm with early drop-off and late pick-up available upon request for an additional fee.

Registration process, cancellation & payment policies

We encourage everyone to register for his or her spot as far in advance as possible. Space in the camp is limited and **spots are only reserved once the registration form and the 100\$ deposit is received**. Once an application has been processed, we will send an email or contact you by phone to confirm your place in the camp.

If the week that you have requested is not available or you have made a choice that is not appropriate, our office will call and try to fit you into an appropriate slot. We require a minimum of 8 participants for the week to be held. If enrollment is not sufficient, we reserve the right to contact you up to 2 weeks before the start to make alternate plans. If the camp must be cancelled due to Covid-19, your deposit will be fully refunded.

Forms must be completed and signed on an annual basis. It is the parent/guardian's responsibility to ensure that all necessary emergency information (i.e. medical and/or special needs) has been disclosed. For the protection, safety, and benefit of each rider, no one will be allowed to participate if their forms are not current.

Day Camp Categories

Pony Club

Ages 5-8 years old
Cost: 300\$ per week

In our Pony Club, young campers will benefit from 1 riding lesson at the end of week. Campers will take part in daily activities with the horses where they will learn about horse handling and care. These include, bathing a horse, grooming, braid parade, horse obstacle course, horse costume relay etc. During the day, campers will participate in activities such as, crafts, making horse treats, nature walks, barn chores, outdoor games and water fun (no swimming).

Riding Camp

Ages 8-13+ years old
Cost: 475\$ per week

Campers in the Riding Camp will benefit from a daily horseback riding lesson. They will learn about horse tack and tack care, equine first aid, equine nutrition, lunging a horse, free jumping a horse and much more! These campers will also enjoy outdoor games, nature walks and water fun (no swimming).

Leaders in Training

Ages 13-16 years old
Cost: 100\$ per week

Leaders in training (LIT) is designed for youth who wish to strengthen their leadership skills. LITs will shadow a camp counsellor and assist with a group of campers. They will be expected to be engaged and participate fully in the program assisting campers with activities. LITs must be respectful of all staff and campers, have an interest in working with children with and without special needs, and act in a mature responsible manner as a role model for campers.

What to wear & pack

Below is a list of what to wear to camp each day:

- Campers should come to camp each day in comfortable, weather appropriate clothing (shorts and t-shirt)
- A hat is strongly recommended for protection from the sun
- Shoes must be closed-toed like running shoes (sandals are not permitted around the horses)
- Please apply sunscreen and bug spray before arriving at camp

Below is a list of items to be packed in a backpack each day:

- Cold, nut-free lunch in a lunch box with ice pack
- Two snacks
- Reusable water bottle (we have safe, drinkable water at the stable to refill bottles, but it has a distinct taste. If your child is sensitive, please make sure to pack them enough water for the entire day)
- Sunscreen (applied before arrival, will reapply at lunch time, or as often as needed)
- Bug spray (applied before arrival, will reapply at lunch time, or as often as needed)
- Bathing suit for water games (a swim shirt is recommended as we will likely be in direct sun)
- Water shoes / sandals (for water games only)
- Beach towel
- Smock (old shirt to wear for crafts & painting activities)
- Long pants (ex: leggings, for riding lesson)
- Shoe with small heel (ex: rain boot, for riding lesson)
- Raincoat
- Extra outfit, including socks and underwear in case of an accident

Camper information	
Name:	Date of birth:
Parent/guardian name:	Phone no.:
Parent/guardian name:	Phone no.:
Address:	City, postal code:
Email:	
Language(s) spoken / understood:	

Person to contact in case of emergency <i>(Parent(s) / guardian(s) above will be contacted first, followed by)</i>	
Name:	Relationship to camper:
Phone #1:	Health card number:

Drop-off & Pick-up <i>(All persons, including parents/guardians authorized to pick up a camper must be listed below)</i>	
Name:	Phone no.:
Name:	Phone no.:
Name:	Phone no.:

Photo & video consent
<p>I consent to authorize the use and reproduction by Équi-Libre Therapeutic Riding Centre of any and all photographs and any other audiovisual materials taken of me for promotional material, educational activities, exhibitions, or for any other use for the benefit of the program?</p> <p><input type="radio"/> Yes / <input type="radio"/> No</p>

Health information	
<p>New campers (not existing riders/clients) with a physical or intellectual disability will be asked to complete the medical release form and come to the Centre for a brief assessment. All new and returning campers must fill out the section below.</p>	
Does the camper have a diagnosis: <input type="radio"/> Yes / <input type="radio"/> No	If yes, please specify:
Height:	Weight (max 160lbs for mounted activities):
Diabetic: <input type="radio"/> Yes / <input type="radio"/> No	Insulin: <input type="radio"/> Yes / <input type="radio"/> No
Ambulatory: <input type="radio"/> Yes / <input type="radio"/> No	If no, please indicate equipment used:
Medication: <input type="radio"/> Yes / <input type="radio"/> No	If yes, please specify:

Health information (continued)
Allergies: <input type="radio"/> Yes / <input type="radio"/> No Epipen: <input type="radio"/> Yes / <input type="radio"/> No If yes, please specify:
Does the camper have any emotional or behavioral challenges: <input type="radio"/> Yes / <input type="radio"/> No If yes, please specify:
Any additional information about the camper:

Camp type, week selection & extras
After having read the camp type descriptions in the first section of this form, please make a selection below: <input type="radio"/> Pony Club (ages 5-8) 300\$ per week <input type="radio"/> Riding Camp (ages 8-13+) 475\$ per week <input type="radio"/> Leaders in Training (ages 13-16) 100\$ per week Please select which week(s) you wish for your child to participate: <input type="radio"/> Week 1: July 5-9, 2021 <input type="radio"/> Week 4: July 26-30, 2021 <input type="radio"/> Week 2: July 12-16, 2021 <input type="radio"/> Week 5: August 2-6, 2021 <input type="radio"/> Week 3: July 19-23, 2021 <input type="radio"/> Week 6: August 9-13, 2021 Does your child require a 1:1 camp integration aid? (upon assessment, we reserve the right to assign an aid if necessary) <input type="radio"/> Yes / <input type="radio"/> No Will you need early drop-off / late pick-up? (the centre can accommodate 8am drop-off and up to 5pm pick-up, 10\$ each) <input type="radio"/> Yes / <input type="radio"/> No
Section filled in by Équi-Libre staff: Total: _____ \$ (cost for the type of camp selected) X _____ (number of weeks) = _____ \$

Payment information
A deposit of 100\$ along with your completed registration form is required to reserve your spot. The balance must be paid 24 hours prior to the start of your child's camp week. <input type="radio"/> Cash (enclosed in envelope) <input type="radio"/> Cheque (enclosed in envelope) <input type="radio"/> E-transfer (sent to camp@enfantsenequi-libre.com) Payment can be sent along with the completed form to our administrative address at 22 11e avenue, Terrasse-Vaudreuil QC J7V 3K8, or sent by email if paying by e-transfer to camp@enfantsenequi-libre.com

Terms and conditions <i>(Initial beside after reading and understanding each item)</i>
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	<p>Right to refuse services Équi-libre Therapeutic Riding Centre reserves the right to not accept or remove a camper from our program whose behavior is an imminent risk to themselves and/or other children in the camp;</p>
	<p>Emergency plan If the camper should need emergency medical treatment and staff are unable to contact the parents/guardians listed or our emergency contact, I, the parent/guardian, give consent for the staff to act on our behalf, on the understanding that every effort will continue to be made to reach the emergency contacts.</p>
	<p>Risks inherent to the activity I acknowledge the risks inherent to the horse and / or to any equestrian activities, regardless of the safety measures in place, and of the level of supervision from the staff as well as the level of skill and experience of the riders and the side walkers, including but not limited to: Physical injuries that can possibly lead to death, due to: The unpredictable nature of the behavior of the horse (sudden halt, the change of direction, acceleration, bucking, backing up, biting, abrupt departure, etc.); A participant, volunteer or staff member acting in a negligent manner, including but not limited to, failing to maintain control of the horse or failing to act with the required skills; A food allergy; Heatstroke; Injuries sustained from an object located in the center, such as equipment, the facility, etc. I acknowledge having been informed on the risks inherent to my presence on the grounds of Équi-Libre Therapeutic Riding Centre. I acknowledge that this list only represents a few of the possible risks and I agree to assume all other risks not mentioned above.</p>
	<p>Degree of bodily contact when working with clients It is understood that instructors and trained volunteers may need to physically assist riders when mounting, dismounting and/or while riding a horse. Any bodily contact provided by trained staff or personal care workers is in the interest of providing a safe and fun environment for children and will be undertaken with the utmost discretion. If a participant's behaviour becomes an imminent risk to themselves or any other individual, trained staff may be required to perform a physical restraint and remove the participant to a safer location. Physical contact is only used as a last resort and when all verbal means of managing the situation have been exhausted and will be done with the safety, dignity and well-being for the participant and others in mind.</p>
	<p>Assumption of risk and release of liability I agree as a precondition to my participation or the participation of my child in a riding, wellness, learning, camp or therapy program at Équi-Libre Therapeutic Riding Centre. I acknowledge the risks, the potential for risk, of horseback riding. However, I feel that the possible benefits to myself / my son / my daughter / my ward are greater than the risk assumed. I hereby, intending to be legally bound for myself, my heirs and assigns, executors or administrators, waive and release forever, all claims for damages against Équi-Libre Therapeutic Riding Centre, its instructors, therapists, aides, volunteers, and/or employees for any and all injuries and/or losses that I / my son / my daughter / my ward may sustain while participating in programming / receiving services from Équi-Libre Therapeutic Riding Centre.</p>

I certify that the information contained in this form is accurate to the best of my knowledge. I certify that I did not deliberately omit information about my health condition or the health condition of my child, relevant or not. I am aware that the information contained in this form is confidential and aims to better plan and supervise the safety of the activities in which I will participate.

Name of camper (please print): _____

Name of parent/guardian (please print): _____

Signature (of the client or legal representative): _____ Date: _____